

PPE – Why do we wear it

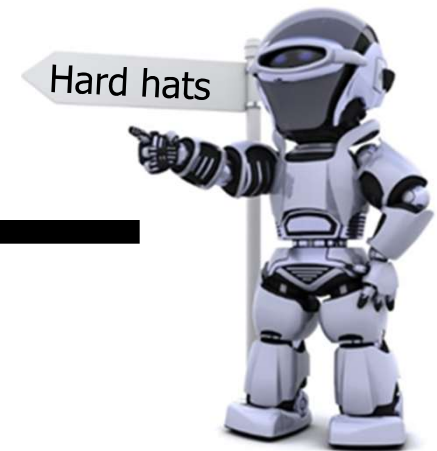
PPE should not be confused with your work uniform. It is there due to specific H&S Regulations which require your employee to safeguard you in the workplace.



Can be a pain to wear, but who knows what could fall on you or chip up at you whilst your are working. If you've been issued a hard hat, there's a reason for it! Don't leave it in the van or take it off because its hot or uncomfortable. The risk is still there....



These are not a fashion statement. Your work could produce by-products such as sparks, splinters, loose stones or dust which could damage your eyes. Eye protection is provided to guard you when work is unable to factor out this risk! UV protection is available in some models but it should not be the only reason to wear Safety Glasses.



Your hearing will deteriorate over time, why accelerate the process. Thought is given to plant and machinery provided by your employer to purchase the right equipment for the right job. Noise at work is factored into the purchasing process, but it is difficult to factor out completely. Get into the habit of wearing them, it will pay dividends in the long run for your health and wellbeing.

SORT IT, REPORT IT, DON'T IGNORE IT!!

PPE – Why do we wear it Part 2.

PPE should not be confused with your work uniform. It is there due to specific H&S Regulations which require your employee to safeguard you in the workplace.



High Visibility clothing (Hi-Viz) can make the difference between being seen and safe, or being injured.

Vehicle movements, equipment manoeuvres or even other peoples actions can be affected greatly by the extra level of visual protection it affords.

Remember, you can't always change others actions but you can do your best to protect yourself.



Safety boots or safety shoes are issued to protect your feet whilst in the workplace or outdoors working.

This could be from impact (crushing or dropped materials), water or other liquids, as well as allowing greater grip so as to reduce the risk of slipping injuries.

Always try to keep your safety boots dry and if they need replacing then ask!

They are only effective if kept in good condition.

Safety Boots



Your hands come into contact with more often and for longer periods than any other part of the body. So why wouldn't you protect them?

Safety Gloves, can cover against cuts and impact from objects (bruising, oils, chemicals) and will form a first line of defence against dermatitis. Always think about the 'task at hand' though as you may need different gloves for different jobs.

**Remember PPE is not the first line of defence.
Always think about how the job can be made safer first!**